



KEMI-SAMPLE PACK INSTRUCTIONS

Congratulations on your purchase of the Spagyric Arts' "KEMI_Sampler Pack," our sampling of three of our major products. These products are meant to be used as a suite, in a structured regimen. Following the recommended usage recommendations, you will have enough of our products for two weeks. We hope that even over the course of this brief period, that the power and efficacy of this treatment regimen will become apparent.

This package contains nature's 100% natural calcium and magnesium supplement, pure white dolomite, the world's finest topical (transdermal) magnesium chloride supplement (Zechstein Liquid Magnesium), and a bottle of the world-famous Amrita-Soma elixir – the "nectar of immortality."

We believe that, if the simple instructions below are followed, that you will experience the same deep inner stirrings of mental and physical harmony that were once the hallmarks of the esoteric healing traditions of the ancients.



KEMI-SAMPLE PACK: FUNDAMENTALS

MAGI'S BLEND® (CALCIUM-MAGNESIUM SUPPLEMENT) pure white dolomite

A complete calcium and magnesium supplement, Magi's Blend dolomite is a 100% natural mineral supplement.

1. Take 1 level teaspoon mixed into beverage or food daily, or as recommended by a healthcare practitioner.

WARNINGS

- ▼ Do not exceed recommended dose.
- ▼ Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6.
- ▼ In case of accidental overdose, call a doctor or poison control center immediately.
- ▼ When using nutritional supplements, please inform your physician if you are undergoing treatment for a medical condition, or if you are pregnant or lactating.

CAUTION

High doses may have a laxative effect. If this occurs, divide dosing, reduce intake, or discontinue use.

AMRITA-SOMA® (ENERGIZING, LIFE-ENHANCING ELIXIR)
pure white dolomite extract

FOR EXPERIMENTAL USE ONLY:

- ▼ Shake well before using
- ▼ Take 1 to 1-½ teaspoons daily (preferably between meals), with 8 ounces of water or fruit juice.

NOTES:

- ▼ Effects are felt within 3-7 minutes, and usually taper off by 20-30 minutes. An exception to this rule occurs if you use our M~Vortexer to 'supercharge' this product, in which case effects may last 1 to 1-½ hours, with a noticeable increase in intensity.
- ▼ Repeated daily intake appears to be unnecessary, as our recommended daily serving amount of Amrita-Soma will tune the body throughout the day.
- ▼ Effects can include a tingling of the crown of the head, a feeling described as a tightening of the forehead, and a general feeling of mental alertness, mild euphoria and psychic at-onement.

CAUTION:

Read all warnings on label before use.

QUINTA-ZENTIAL® (LIQUID MAGNESIUM SUPPLEMENTATION)
zechstein liquid magnesium

- ▼ Spray once or twice onto any sore or aching joints. Massage into skin.
- ▼ Spray into armpits, behind the knees, just behind the jaw and below your ears, and onto the tops of the feet. These areas target the lymph system. Be sure to massage in thoroughly for maximum penetration.
- ▼ Spray onto the chest, directly over the heart. This nourishes the heart, which uses magnesium to maintain normal rhythm.
- ▼ Use magnesium oil during a massage. This increases the coverage of magnesium across your entire body, and further increases absorption and circulation. More pressure should be applied, and massage duration increased, in order to penetrate deep tissues, like stationary muscle groups.
- ▼ Use in a bath. Pour ½ oz or more of magnesium oil into a bath, and soak for at least 30

CAUTION:

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GENERAL NOTES

- ▼ Although the recommended daily serving of Magi's Blend dolomite contains more than the recommended Daily Values of elemental calcium and magnesium, elemental calcium and

magnesium, in their carbonate forms, are not 100% bio-available. This is due to the low levels of absorption of these metals in the small intestine. Estimating how much calcium or magnesium is actually absorbed is a highly individual, and must be done on a case-by-case basis. However, as a guideline, the calcium elemental calcium absorbed from the digestion of calcium carbonate may be no higher than 75%, and bio-availability of magnesium from the digestion of its magnesium carbonate form, is likely no better than 25-30% of the elemental values. (Please consult product label for DVs).

Although it is possible to increase dolomite intake, for many people dolomite has a laxative effect at higher doses, and this may cause a loss of nutrients from the system. This is why many doctors are suggesting transdermal magnesium as a viable method of easily, and safely, augmenting magnesium supplementation.

- ▼ It is also a good idea to use transdermal magnesium supplementation some hours out of sync with other minerals, such as phosphates, potassium and calcium, as high levels of these minerals can compete with your body's ability to absorb magnesium.
- ▼ Always take into consideration factors such as body weight, and age, when considering dietary supplementation of essential minerals.
- ▼ Children require more calcium than magnesium in their diets, as they are building bones and tissues which require calcium. This is not the case for older adults, as the results of many recent studies demonstrate. Please consult appropriate tables and data on age-related supplementation when planning your family's supplementation regimens.
- ▼ A good paper which covers some of these issues is:

Magnesium: A Key to Calcium Absorption, by Nan Kathryn Fuchs, Ph.D.

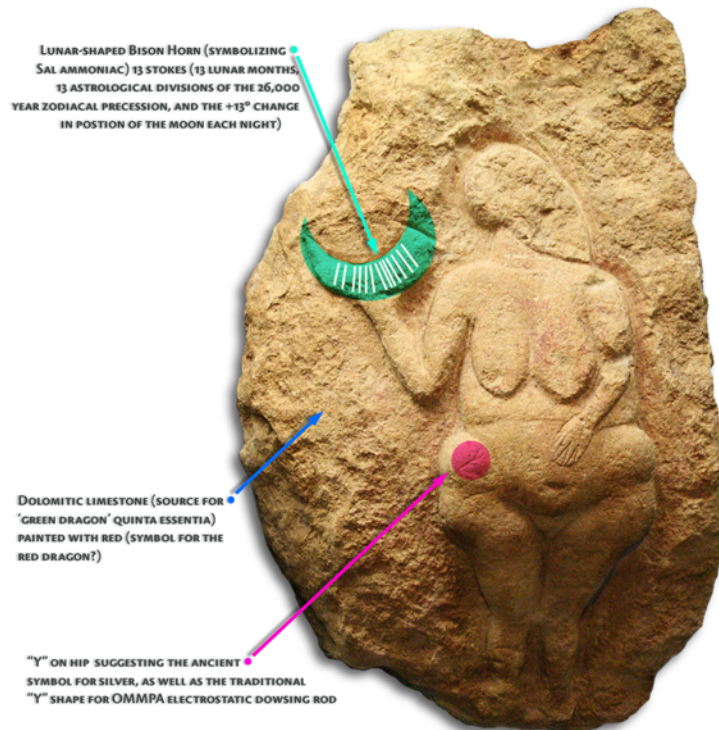
A copy can be found on 'The Magnesium Web Site,' at: <http://www.mgwater.com/calmagab.shtml>.



AMRITA ▼ Soma

ESOTERIC HISTORY OF ALCHEMY, ASTROLOGY

As far back in time as we have been able to discern (currently the evidence suggests at least 24,000 years), meticulously encoded into what remains of ancient religious traditions, myths and artifacts, lies a body of coherent esoteric symbolism, all pointing to the use of this dolomite extract, known variably as the "elixir of life, "nectar of immortality," Amrit(a), Soma, and the mineral counterpart of the Zoroastrian Haoma sacrament. It is this "elixir of life" which lies behind the symbol of the allegory of the fruit of the Tree of Life.

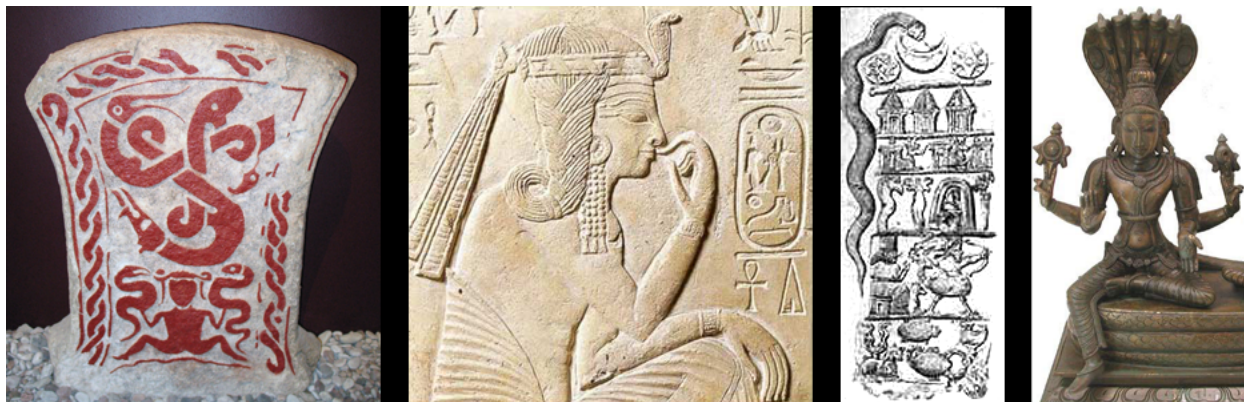


“Venus of Laussel,’ alchemical carving on dolomitic limestone, from the Dolomite Alps (ca. 22,000 BCE)

From diverse teachings from ancient cultures from the four quarters of the world, a specific sequence of OMMPAs (orbitally mirrored metallic primordial atoms, aka ORMUS) – know in alchemy as the “quinta essentia” – were extracted from both mineral and plant sources, and were then used to extend human longevity and enhance consciousness.

In ancient Indian tradition the Amrita•Soma was said to awaken the Kundalini (sanskrit word for serpent, or coiled) Shakti (energetics or power) – or “serpent energy.” This symbol of the *serpent* was associated with the esoteric knowledge and spiritual experiences of the Yogi using this Amrita•Soma. It is likely that this link serpentine imagery is due primarily to the fact that those who used this elixir for any extended length of time, experienced the Nada sound (linked etymologically to the word for the body’s energy centers, the Nadis) that seems to arise from the left (inner) ear.

This Nada sound (meaning ringing sound that is not a sound) – also known as the Hu (sound) in Chinese mysticism – is not really an audible sound, per se, but the effect of the human mind as it detunes the external world, and becomes more self aware. To the human mind this is experienced as a sort of high-pitched ringing, almost a hissing sound, hence the snake symbolism was used to encode this experience.



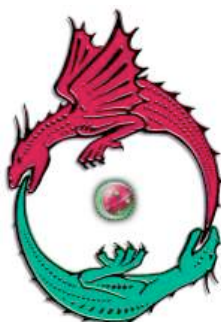
Ancient art depicting the “serpent” of consciousness (Cernunnss-Sweden, Pashhupati-Indus Valley, Uraeus-Egypt)

In this package you will find a jar of white powder, and two bottles of liquid. These are, respectively: 1 jar of Magi’s Blend pure white dolomite, 1 bottle of Zechstein Liquid Magnesium (magnesium chloride hexahydrate from the Zechstein mines in Norway), and 1 bottle of Amrita•Soma (magnesium hydroxide), the “elixir of life.”

NOTE

In the two weeks you use this package, pay attention to this sound. We have found that most people who use this product – and have learned to listen to their inner selves – will begin to hear this sound in as little as one or two uses . This is a natural side-effect of tuning one’s mind-body complex.

This ‘nada’ sound was symbolized anciently by the Egyptian Uraeus (serpent depicted a coming out of he forehead of the initiated Pharaonic priest-kings), the serpent in the hand of Cernunnos, associated with the Babylonian God Shamash, the serpent held by Pashupati (Indus equivalent of Cernunnos), and so on. In ancient India, those using this elixir of life were known as the Nagas.



Spagyric Arts, LLC

www.spagyricarts.com